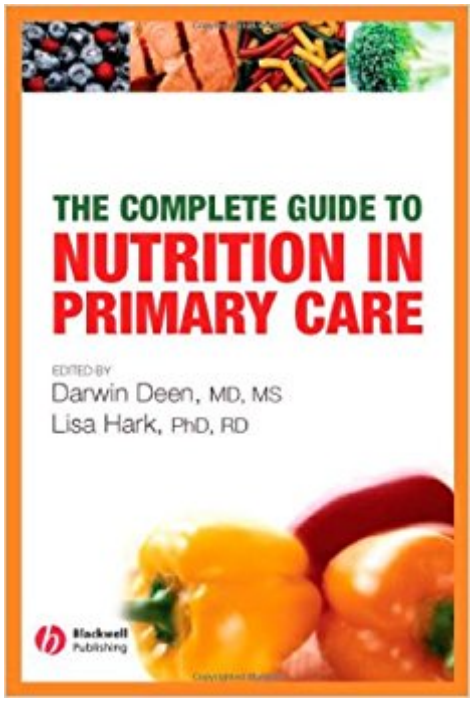
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The Complete Guide To Nutrition In Primary Care



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Synopsis

The Complete Guide to Nutrition in Primary Care Edited by Darwin Deen, MD, MS Lisa Hark, PhD, RD Clinicians and patients agree that primary care office visits should include routine nutrition assessment and counseling. But how do you fit it into an already crowded consultation? And what is the most up-to-date advice? With The Complete Guide to Nutrition in Primary Care, Drs. Deen and Hark provide the necessary tools. This comprehensive overview of nutrition answers your questions on: Ã¢â ¬Â¢ Nutrition as Preventive Medicine Ã¢â ¬Â¢ Nutrition through the Lifecycle Ã¢â ¬Â¢ Improving Health by Changing Diet and Lifestyle Behaviors Ã¢â ¬Â¢ Vitamins, Minerals, Dietary Supplements, and the Alternative Ã¢â ¬Â¢ Successful Changes to the Environment This timely paperback contains everything the primary care clinician needs to counsel patients on diet and lifestyle issues. Keep it close at hand for the frequent consultation it is sure to receive. Dr. Darwin Deen is one of the nationÃ¢â ¬â„¢s foremost authorities on nutrition. Currently Professor of Clinical, Family and Social Medicine and Director of Medical Student Education at the Albert Einstein College of Medicine in New York, he has trained a generation of physicians on the connection between nutrition and health. He has played a leading role in revising medical school curricula to incorporate nutrition training. An award-winning teacher and noted author, he serves as Chair of the Task Force on Medical Nutrition Education of the American College of Nutrition and co-chairs the Group on Nutrition of the Society of Teachers of Family Medicine. His years of experience as a family physician make him perfectly suited to advise clinicians on counseling their patients on diet and lifestyle. Dr. Lisa Hark is a renowned family nutrition expert, with more than 20 years of experience in nutrition counseling and promoting the benefits of healthy eating in children and adults. As Director of the Nutrition Education Program at the University of Pennsylvania School of Medicine in Philadelphia, she developed a model medical school curriculum and textbook, Medical Nutrition and Disease, which has become one of the most widely used texts in nutrition education. She was given the Excellence in Medical/Dental Nutrition Education award from the American Society for Nutrition. Dr. Hark was also the host of the TV show, Ã¢â ¬Å“Honey, WeÃ¢â ¬â„¢re Killing the Kids,Ã¢â ¬Â• which airs on TLC, and is a widely sought after speaker who communicates nutrition concepts effectively to health professionals, patients, and the media. www.blackwellmedicine.com

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Customer Reviews

Ã¢â ¬Å“This work is intended for practicing primary physicians, nurses, and those going into these fields. It is meant as a general overview for those who need to include a routine nutrition assessment into their patients' visits. It would be a welcome addition in health care collections.Ã¢â ¬Â• (American Reference Books Annual, Vol. 39 (2008)) "Due for release in July, this guide arms health professionals and consumers with nutritional information for preventing obesity-related diseases. Essential for expanding knowledge and research into preventative medicine." (Optimum Nutrition, Summer 2007) Ã¢â ¬Å“The authors noteÃ¢â ¬Â¦the unique contributions that registered dietitians can make in theÃ¢â ¬Â¦prevention and management of chronic disease.Ã¢â ¬Â• (Doodys Review)

"Due for release in July, this guide arms health professionals and consumers with nutritional information for preventing obesity-related diseases. Essential for expanding knowledge and research into preventative medicine." Optimum Nutrition, Summer 2007 Ã¢â ¬Å“The authors noteÃ¢â ¬Â¦the unique contributions that registered dietitians can make in theÃ¢â ¬Â¦prevention and management of chronic disease.Ã¢â ¬Â•Doodys Review --This text refers to the Kindle Edition edition.

This book covers nutrition in different ages/stages of life.It isn't for treating specific diseases, but it does discussrecommendations for those with weakened bones, kidney problems,anemia, etc.

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